

DOC Training Fall 2008

Newport News FC Coaches and Managers,

Below you will find the Director of Coaching (DOC) training schedule for the upcoming season. As always, these training sessions are very important for the players and every coach and manager should make player attendance mandatory. If you have training scheduled for the same day as a DOC session, please cancel or reschedule it so every player can be there. As coaches, you can send me training ideas that I will incorporate into the session. I look forward to working with your teams and providing you feedback from each session.

U10 - Chelsea – Thursday, October 23, Stoney Run Park - Field 4 - 7-8:15PM
U11 - Freedom – Thursday, October 23, Stoney Run Park - Field 4 - 7-8:15PM
U14 - Predators - Wednesday, October 29, Stoney Run Park - Field 4 - 7-8:15PM
U17 - United - Friday, October 17, Dozier Middle School - 6:30-7:45PM
U18 - Phoenix - Tuesday, October 7, Dozier Middle School - 7-8:15PM
U18 - Heat - Thursday, October 9, Dozier Middle School - 7-8:15PM

If you have any questions please let me know.

See you on the field.

Al Cousineau
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"Where Champions Train and Play"
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